

THE COLLEGE OF SURGEONS OF SRI LANKA



SRI LANKA SURGICAL CONGRESS 2026

SHAPING TOMORROW'S SURGEON THROUGH
ACADEMIA, INTEGRITY AND ACCOUNTABILITY

PROGRAMME BOOK





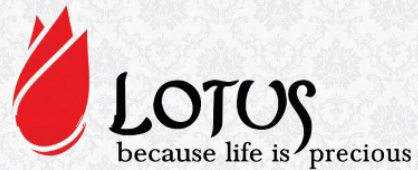
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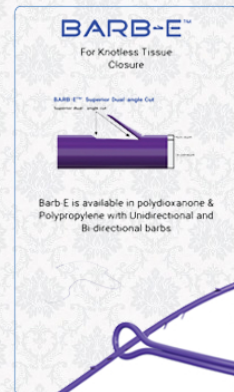
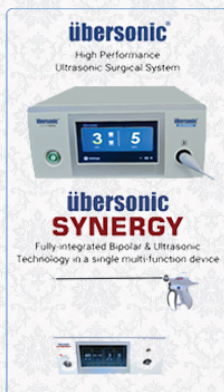
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4. Tap on the names of resource persons in relevant sections to read their short bio.
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THE COLLEGE OF SURGEONS OF SRI LANKA

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THE OLA AND THE STYLUS: ETCHING THE HERITAGE OF SRI LANKAN SURGERY

The background artwork and backdrop of the Sri Lanka Surgical Congress 2026 proudly feature the Ola leaf and the Stylus (panhinda). These symbols represent an unbroken, twenty-two-century-old tradition of documentation that grounds our modern pursuit of Shaping Tomorrow's Surgeon through Academia, Integrity, and Accountability, this years theme.

This historic medium preserves the island's earliest foundational documents. It ranges from the sacred transcription of the Tripitaka in 50 BC to the Dipavamsa, which stands as one of the world's oldest recorded national chronicles. At Aluvihare in Matale the very same historic shrine where these ancient texts were first committed to writing artisans still prepare the dried, cured leaves of the talipot palm in the exact same manner today.

While Sri Lanka's vast Ola leaf heritage includes timeless epic poetry and religious texts, it is highly significant that the overwhelming majority of surviving secular manuscripts focus directly on the art of healing. The island serves as the cradle for thousands of historic medical and surgical treatises. This tradition of written medical and surgical expertise on Ola leaves dates back to 341 AD, when the legendary sage-king Buddhadasa compiled the landmark Sarartha Sangraha.

As the College of Surgeons of Sri Lanka advances into the future, this year's backdrop pays profound homage to the island's ancient tradition of medical literature.



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THE COLLEGE OF SURGEONS OF SRI LANKA



THE COLLEGE OF SURGEONS OF SRI LANKA THE PRESIDENT

Distinguished delegates, esteemed colleagues, and honored guests,

It is my distinct privilege to invite you to Colombo for the Sri Lanka Surgical Congress 2026. This year, we are proud to convene in collaboration with the Royal College of Surgeons of Edinburgh and the South Asian Surgical Care Society, marking a significant milestone in our pursuit of global surgical excellence.

Our theme centers on shaping the surgeon of tomorrow, anchored by three unwavering pillars: Academia, Integrity, and Accountability. We have curated a faculty of world-renowned international speakers and scientists who represent the vanguard of surgical innovation. Their presence offers an unparalleled opportunity for high-level knowledge exchange and professional development.

A cornerstone of this year's congress is our dedicated Trauma Day. Given that trauma remains one of Sri Lanka's most pressing health challenges, we will focus on evidence-based management and maximal resource utilization, bridging the gap between current realities and future innovations.

This congress is more than a series of lectures; it is a melting pot for cross-specialty collaboration. Whether you are a surgeon, a scientist, or a medical specialist from an aligned field, this is your platform to build lasting networks and immerse yourself in the evolving art and science of surgery.

We invite you to experience the warmth of Sri Lankan hospitality and the intellectual rigor of our scientific programme. Together, let us refine our skills and prepare for a future defined by surgical precision and compassionate care.
See you in Colombo!

Best Wishes,

*Professor Ajith Malalasekera
The President
The College of Surgeons of Sri Lanka*





THE ROYAL
COLLEGE OF
SURGEONS OF
EDINBURGH



THE ROYAL COLLEGE OF SURGEONS OF EDINBURGH THE PRESIDENT

As the President of the Royal College of Surgeons of Edinburgh, it is both a privilege and an honour to co-host the 2026 Sri Lanka Surgical Congress in collaboration with the College of Surgeons of Sri Lanka and the South Asian Surgical Care Society. Today, we gather under the unifying theme of “Shaping Tomorrow’s Surgeon through Academia, Integrity, and Accountability,” a topic of paramount importance in our ever-evolving field.

For over 520 years, The Royal College of Surgeons of Edinburgh has championed high professional and educational standards in surgery, learning from and working with fellow surgeons from across the globe with our common goal of improving patient safety and surgical outcomes. During this time, the field of surgery has undergone several seismic shifts, from Joseph Lister’s pioneering work in antiseptic surgery to the advent of complex open surgery and the laparoscopic era. Today, we find ourselves in a similar moment of transformation, where unprecedented advancements in robotics and AI promise to further enhance surgical outcomes and redefine the surgeon’s role. It is imperative that work together to equip and cultivate the next generation of surgeons who will lead with integrity and uphold the highest standards of patient care.

I wish to congratulate the convenors of the conference who have put together such an interesting and diverse program which will explore innovative educational strategies, the essential role of ethical practices in surgery, and the importance of accountability in our profession. Together, we will share insights and experiences that will empower us to enhance surgical training and ultimately improve outcomes for patients.

I know that this congress will be a wonderful opportunity to refresh old friendships and to make new ones. I am delighted that several of my colleagues from the Royal College of Surgeons of Edinburgh will be contributing over the course of the congress, and I wish everyone a successful and enjoyable conference.

Best wishes,

Professor Clare Ellen McNaught
President
Royal College of Surgeons of Edinburgh





SOUTH ASIAN SURGICAL CARE SOCIETY



SOUTH ASIAN SURGICAL CARE SOCIETY THE PRESIDENT

It gives me immense pleasure, on behalf of the South Asian Surgical Care Society, to extend my warmest greetings and heartfelt congratulations to the President, Council, Organizing Committee, Faculty, and all participants of the Sri Lanka Surgical Congress 2026.

The College of Surgeons of Sri Lanka has once again put together an outstanding scientific programme, complemented by enriching academic, educational, and social activities. I commend the organizing committee for their dedication and vision in creating a platform that fosters excellence in surgical education, innovation, and professional development.

As South Asia continues to face evolving healthcare challenges, regional collaboration has never been more important. Through strong partnerships, exchange of knowledge, collaborative research, structured training, and the sharing of surgical expertise, we can collectively advance patient care and strengthen surgical services across our region. The South Asian Surgical Care Society remains committed to promoting these shared goals by building enduring academic collaborations, enhancing surgical skills, and encouraging high-quality research among our member nations.

I am delighted to be attending this prestigious congress and look forward to contributing to the stimulating scientific discussions, renewing friendships, and exploring new opportunities for collaboration with colleagues from Sri Lanka and across the region.

I wish the Sri Lanka Surgical Congress 2026 every success and hope it continues to inspire innovation, strengthen regional partnerships, and shape the future of surgery in South Asia.

With best regards,

Professor Sajida Qureshi
President
South Asian Surgical Care Society





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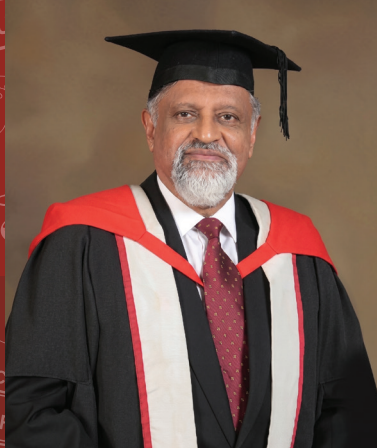
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THE COLLEGE OF SURGEONS OF SRI LANKA



SRI LANKA SURGICAL CONGRESS 2026 KEYNOTE SPEAKER

It is a great privilege and pleasure to extend my warmest greetings to all delegates, faculty, colleagues, and guests attending the Sri Lanka Surgical Congress 2026 in Colombo.

This year's Congress, held in collaboration with the Royal College of Surgeons of Edinburgh and the South Asian Surgical Care Society, represents a remarkable celebration of surgical excellence, collegiality, and international collaboration. The theme, **"Shaping Tomorrow's Surgeon through Academia, Integrity, and Accountability,"** is both timely and inspiring. These principles are fundamental to developing surgeons who are not only technically accomplished, but also compassionate, ethical, responsible, and committed to lifelong learning.

With an outstanding international and national faculty, an intellectually stimulating scientific programme, and a dedicated Trauma Day addressing one of our most important healthcare challenges, this Congress offers an exceptional opportunity to exchange knowledge, challenge established thinking and explore innovations that will shape the future of surgery.

I warmly welcome our overseas colleagues and especially those Sri Lankan surgeons returning to their homeland. May this Congress strengthen professional friendships, inspire new collaborations, and leave us all enriched by the shared pursuit of better surgical care.

I wish the College of Surgeons of Sri Lanka and all participants a memorable and highly successful Congress.

Vidya Jyothi Emeritus Professor. Rohan Jayasekara
M.B.B.S., Ph.D. (Newcastle), C.Biol., FRSB (Lond.),
Hon. FCSSS, FCOph.S.L.





THE COLLEGE OF SURGEONS OF SRI LANKA



SRI LANKA SURGICAL CONGRESS 2026 KEYNOTE SPEAKER

It is a great privilege to extend my warm greetings to the distinguished members of the medical fraternity at the Sri Lanka Surgical Congress 2026 as we look to shaping a resilient nation for the future.

The study of economics often hinges upon long term trends, some linear, some cyclical. Tracing changes in global economic power over 2,000 years, highlights the early dominance of Asian civilizations, particularly India and China, followed by the rise of Europe and the Americas through exploration, industrialization and geopolitical leadership.

History offers some enduring lessons: technological advancement shapes global power, conflict weakens long-term prosperity, inherited assumptions can become obsolete and the global economic pivot towards Asia is already well underway.

Sri Lanka must therefore position itself intelligently within this changing landscape. The sovereign default in 2022, was a defining moment for Sri Lanka. The subsequent years have seen stabilization of key economic fundamentals.

Realizing the economic dividend from the recent stability will require urgent reform. Sri Lanka must create a conducive environment for investment and entrepreneurship to flourish, generate more enterprise and jobs, raise productivity and retain skilled young people who might otherwise be lost to the country.

Sri Lanka is also facing an imminent demographic challenge with an aging population, and the nation must become richer before it becomes older.

By acting now, the country can build a more productive, inclusive and prosperous economy - and give its young people compelling reasons to build their futures at home.

As business leaders and leaders in our respective professions, it is our collective responsibility to build and safeguard human capital that is essential for the sustained transformation of our country,

I take this opportunity to wish Professor Ajith Malasekera, President of the College of Surgeons and the fraternity of surgeons all the very best and a successful Surgical Congress 2026.

Mr Hemantha D Gunetilleke

CEO

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SRI LANKA SURGICAL CONGRESS 2026

CONGRESS CO-CHAIRS

It is our great pleasure to welcome you to the Sri Lanka Surgical Congress 2026.

Guided by our theme, “Shaping tomorrow’s Surgeon through Academia, Integrity, and Accountability,” this congress reflects our shared commitment to advancing surgical practice while upholding the highest professional standards.

Under the leadership of our President, Professor Ajith Malalasekera, we bring together an exceptional community of surgeons, trainees, and allied professionals. The scientific programme has been thoughtfully designed to address contemporary challenges, emerging technologies, and evidence-based approaches across surgical disciplines.

We hope this congress will foster meaningful academic exchange, inspire innovation, and strengthen collaboration both locally and internationally.

We extend our sincere appreciation to our President, faculty, delegates, sponsors, and organizing committee for their invaluable contributions.

Wishing you a productive and enriching congress experience.

Warm regards,

Dr Kavinda Rajapakse
Congress co-chair
Sri Lanka Surgical
Congress 2026

Dr Gayan Ekanayake
Congress co-chair
Sri Lanka Surgical
Congress 2026





THE COLLEGE OF SURGEONS OF SRI LANKA



SRI LANKA SURGICAL CONGRESS 2026 ACADEMIC CO-CHAIRS

It is with immense pleasure and honour that we, on behalf of the College of Surgeons of Sri Lanka, welcome all distinguished guests and delegates to the Sri Lanka Surgical Congress 2026. We are proud to partner with the Royal College of Surgeons of Edinburgh and the South Asian Surgical Care Society.

Over three days, our congress promises a vibrant exchange of ideas, featuring leading speakers from Sri Lanka and abroad, including the UK, Australia, Singapore, Malaysia, Philippines, South Africa, Brazil, New Zealand, Japan, India, Pakistan, Nepal, the Maldives, the USA, and Russia.

Under our theme of "Molding the tomorrows surgeon", the scientific programme reflects the dynamic evolution of surgery. We are especially excited to dedicate an entire day to trauma care. Key topics include training the next generation of surgeons, principles of green surgery, and the transformative integration of artificial intelligence into surgical practice and education.

We thank you for your presence and encourage spirited discussions and new connections. Amidst your busy schedule, we hope you will enjoy the natural beauty, rich culture, culinary delights, and warm hospitality of "the most beautiful island in the world for the year 2026."

Warm regards,

*Professor Arinda
Dharmapala
Academic co-chair
Sri Lanka Surgical
Congress 2026*

*Dr Ranga E
Wickramarachchi
Academic co-chair
Sri Lanka Surgical
Congress 2026*





THE COLLEGE OF SURGEONS OF SRI LANKA



THE COLLEGE OF SURGEONS OF SRI LANKA THE HONORARY SECRETARY

On behalf of the College of Surgeons of Sri Lanka, it is my distinct honor to invite you to the Sri Lanka Surgical Congress 2026, the pinnacle of our annual calendar. This year, we are proud to host this landmark event in prestigious collaboration with the Royal College of Surgeons of Edinburgh and the South Asian Surgical Care Society.

From the 2nd to the 5th of September, the vibrant city of Colombo will become a global hub for surgical excellence. Under the visionary theme, "Shaping Tomorrow's Surgeon through Academia, Integrity, and Accountability," we have curated a programme that is as intellectually rigorous as it is inspiring.

The scientific programme will feature 29 dynamic Symposia and 19 Plenary sessions led by industry pioneers, high-level Master Classes, interactive Breakfast Sessions for deep-dive technical insights and prestigious Orations and Debates that challenge the status quo. A comprehensive suite of Pre and Post-Congress Workshops covering the full spectrum of surgical specialties can be looked forward to.

A cornerstone of this year's congress is the second day, dedicated as "Trauma Day 2026." Organized in collaboration with IATSIC, ACT, and ICC, this session brings together world-renowned trauma experts to share life-saving global experiences and cutting-edge management strategies in trauma.

With contributions from over 120 distinguished local and international faculty, this is an unparalleled opportunity for networking, mentorship, and academic growth.

Beyond the lecture halls, we invite our foreign guests to immerse themselves in the legendary warm hospitality of Sri Lanka. From our pristine beaches to our rich cultural heritage, we hope you find time to explore the beauty of our island home.

We look forward to welcoming you to Colombo as we unite to shape the future of surgery.

Warm regards,

*Dr Thathya de Silva
Honorary Secretary
The College of Surgeons of Sri Lanka*





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DR DUMINDA ARIYARATNE

MBBS(Col), MS (SL), FCS (SL), FRCS (Eng), FRCS (Eng)
Hons, FSSN (Hon), FASI (Hon)
Consultant General Surgeon
Immediate Past President
The College of Surgeons of Sri Lanka



DR ROMESH GUNASEKERA

MBBS, MS, FRCS (Edin)
Consultant Plastic, Reconstructive and Aesthetic Surgeon



PROFESSOR AJITH SIRIWARDENE

MD FRCS
Professor of Hepatobiliary Surgery, University of Manchester
Consultant Hepatobiliary Surgeon, Manchester Royal Infirmary
Past-President - European-African Hepato-Pancreato-Biliary
Association (E-AHPBA)
Member of Council -International Hepato-Pancreato-Biliary
Association (IHPBA)
Clinical Director (Surgery) GI Medicine and Surgery,
Manchester University NHS Foundation Trust



MR SUJEEWA CHAMINDA SELLAHEWA

MBBS, MS(Col), MRCS(Edin), FRCS(Gen Surg)(Edin)
Consultant General and Upper Gastrointestinal Surgeon
Russells Hall Hospital
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PROFESSOR SAJIDA QURESHI

MBBS (Dow Medical College), FCPS(College of Physicians and Surgeons)
FRCS (Royal College of Surgeons Ireland)
Meritorious Professor, Chairperson & Pro-Vice Chancellor
Dow University of Health Sciences, Pakistan
President
South Asia Surgical Care Society (SASCS)



PROFESSOR (DR) D MARUTHU PANDIAN

MS, FICS, FAIS
Consultant General and Laparoscopic Surgeon
Former Dean, Madurai Medical College,
Madurai, Tamil Nadu
President
Association of Surgeons of India (ASI)



PROFESSOR ROBIN JOSHI

MBBS, MS (General Surgery / Urology)
Consultant Urological Surgeon
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COUNCIL OF THE COLLEGE OF SURGEONS OF SRI LANKA – 2026



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DR ARUNA WEERASOORIYA, DR VAJIRA JAYASINGHE, DR RAVIBINDU RANAWAKA

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DR RANGA E WICKRAMARACHCHI, DR ACHALA SAMARASINGHE

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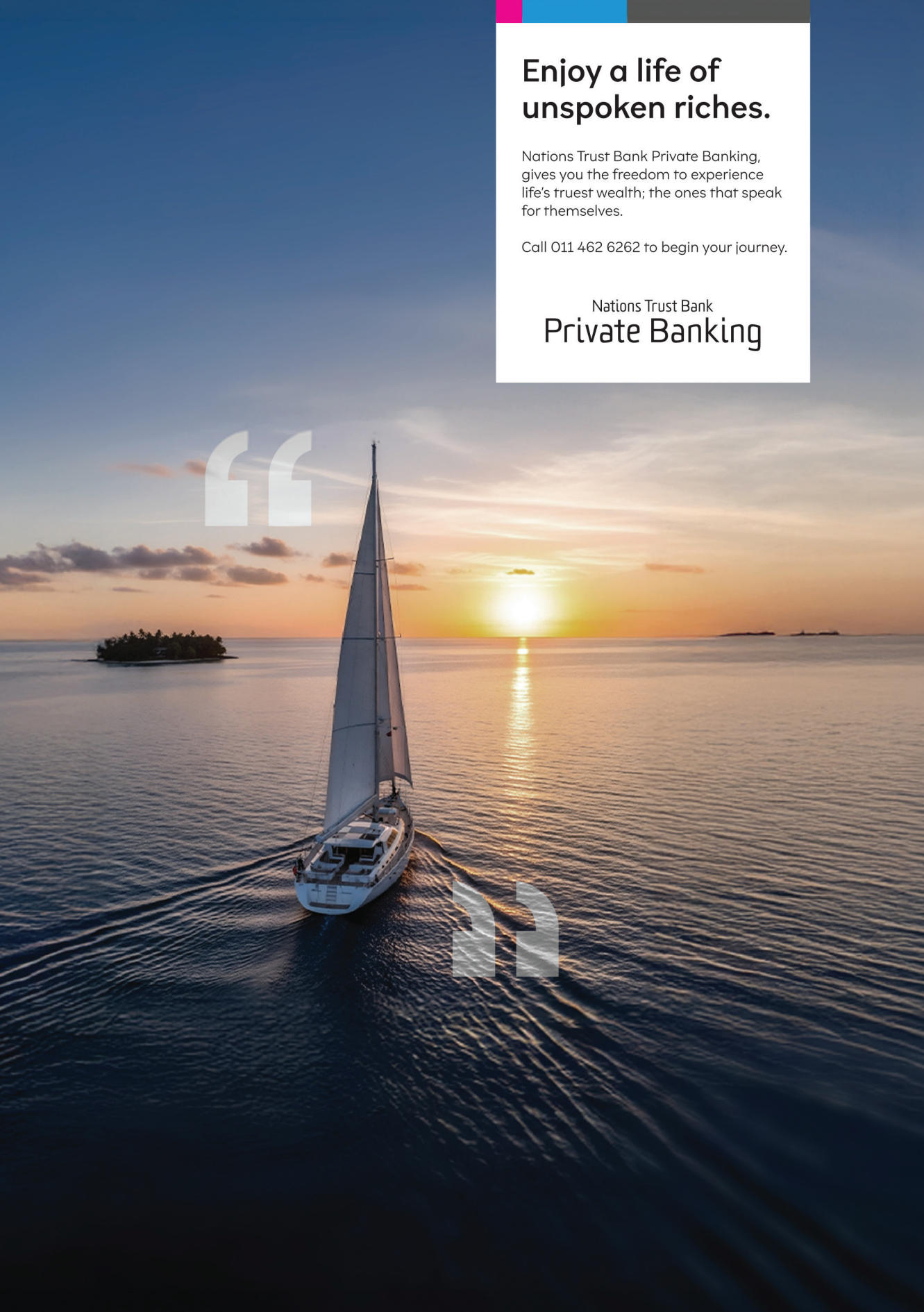
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CONGRESS SCHEDULE - DAY 01



DAY 1 - THURSDAY 3RD OF SEPTEMBER

TIME	HALL	ITEM	DETAIL	SPEAKER	ASSOCIATION
07.00 – 07.50	Breakfast Session 1				
	Breakfast Session 2				
	Breakfast Session 3				
	Breakfast Session 4				
07.55 – 08.00	A	Welcome		Academic Chair of Sri Lanka Surgical Congress 2026	The College of Surgeons of Sri Lanka (CSSL)
08.00 – 09.00	A	Symposium 1	Hand Emergencies		Sri Lanka Association of Plastic, Reconstructive and Aesthetic Surgeons (SLAPRAS) & Sri Lankan Society for Surgery of the Hand
			Minor Hand Emergencies	Dr Kavinda Rajapakse	
			Major Hand Emergencies	Dr Kolitha Karunadasa	
			Major Wrist Emergencies	Dr Melani Amarasooriya	
	B	Symposium 2	Acute Management of Fragility Fractures		Sri Lanka Orthopaedic Association (SLOA)
			Epidemiology, Pathophysiology & Burden of Fragility Fractures	Dr Madusha Jayasekera	
			Acute Management of Fragility Fractures	Dr Kanagaratnam Kandeepan	
			The Role of the Anaesthetist in the Management of Fragility Fractures	Dr Ranmali Kulasiri	
			Primary & Secondary Fracture Prevention	Dr Maheshi Wijayabandara	
09.00 – 09.15	A	Plenary 1	Use of Adjuncts for Liver Resection- PVE and Y-90	Professor Rohan Jeyarajah	
09.15 – 09.30	A	Plenary 2	What's in a Name? WHO Classification of Tumours for Surgeons	Professor Dilani Lokuhetty	



CONGRESS SCHEDULE - DAY 01



09.30 – 10.15	A	Symposium 3	Peritoneal Carcinomatosis: Biology, Clinical Management & Multidisciplinary Strategies		Sri Lanka Association of Surgical Oncologist (SLASO)
			Basis of Intraperitoneal Chemotherapy	Professor Jayantha Balawardena	
			CRS and HIPEC: When To Do	Dr Ranga Perera	
			Place of PIPEC	Professor S P Somashekhar	
			Management of Peritoneal Disease in Advanced Colorectal Cancer	Professor S P Somashekhar	
	B	Symposium 4	Paediatric Surgery for General Surgeons: An Interactive Case Based Discussion		Sri Lanka Association of Paediatric Surgeons (SLAPS)
			Intussusception	Dr P Sajeevan	
			Undescended Testis	Dr Ravibindu Ranawaka	
10.15 – 10.30	A	Plenary 3	Acute Mesenteric Ischemia	Dr Anton Surath Dias Perera	
10.30 – 11.00	TEA				
11.00 – 12.00	A	Symposium 5 (COLOCON)	Management of Colorectal Polyps		Sri Lanka Association of Colorectal Surgeons (SLACS)
			Screening Colonoscopy: Does it Work?	Dr Daniel I Chu	
			Surgeon's Role at a Polyp MDT: Snip it or Not?	Professor Ian Jenkins	
			Surgical Techniques for Difficult Polyps	Mr Janindra Warusavitarne	
	B	Symposium 6	Rebranding Cleft Surgery: A Model to Follow in Trauma and Oncosurgery		Sri Lanka Association of Plastic, Reconstructive and Aesthetic Surgeons (SLAPRAS)
			Overview of Palatal Surgery	Dr Romesh Gunasekera	
			Using Principals of Cleft Lip Surgery to Lip Injury Management	Dr Gayan Ekanayake	



CONGRESS SCHEDULE - DAY 01



12.00 – 13.00	A	Symposium 7 (COLOCON)	Management of Locally Advanced Rectal Cancer Disease		Sri Lanka Association of Colorectal Surgeons (SLACS)
			Organ Preservation in Rectal Cancer	Professor Rodrigo Perez	
			Pelvic Recurrence in Rectal Cancer	Professor Ian Jenkins	
	B	Symposium 8	Diabetic Foot – From Ischaemia to Limb Salvage		Sri Lanka Association of Vascular Surgeons (SLAVS)
			Epidemiology & Pathophysiology of the Diabetic Foot-Why Limbs Fail Before Vessels Are Even Touched	Professor Mandika Wijeyaratne	
			Clinical Assessment & Risk Stratification- Getting the Diagnosis Right Before Cutting or Stenting	Dr Ranjuka Ubayasiri	
			Revascularization Strategies in Diabetic Foot- Endovascular First vs Bypass First: What Does the Evidence Say?	Dr Nalaka Gunawansa	
			Why Vascular Surgery Alone is Not Enough	Professor Rezni Cassim	
13.00 – 13.15	A	Plenary 4	Digital Telerobotic Surgery	Professor S P Somashekhar	
13.15 – 13.30	A	Plenary 5	Updates on Management of Colorectal Liver Metastasis	Professor Ajith Siriwardena	
13.30 – 14.30	LUNCH				
14.30 – 14.45	A	Plenary 6	Why are We so Careless About It? Spleen Preservation in Pancreatic Surgery	Professor Vijayaragavan Muralidharan	
14.45 – 15.00	A	Plenary 7	Beyond Charity: Sustainable Surgical Capacity Building Through Telementoring and Technology in Sri Lanka	Professor Tan Arulampalam	



CONGRESS SCHEDULE - DAY 01



15.00 – 16.00	A	Symposium 9	Surgical Education		The College of Surgeons of Sri Lanka (CSSL)
			Mentoring in Surgery	Professor Sai Krishna Vittal	
			Surgical Training	Professor Rohan Jeyarajah	
			Development, Implementation and Delivery of a New General Surgery Training Programme	Professor Vijayaragavan Muralidharan	
			What Should a General Surgeon Do? Where Should We Draw the Line?	Professor Ajith Siriwardene	
	B	Symposium 10	Coloproctology		Association of General Surgeons of Sri Lanka (AGSSL)
			Update on Management of Fistula In-Ano	Professor Arun Rojanasakul	
			Laser Treatment for Benign Proctology	Dr Kalyan Kar	
			Management Approach to Proctalgia	Professor Sumudu Kumarage	
16.00 – 16.15	A	Plenary 8	Is Immunotherapy the Next Big Thing in Cancer Treatment?	Professor Suranjith Seneviratne	
16.15 – 16.30	TEA				
16.30 – 17.30	A	Professor Milroy Paul Memorial Oration Dr Mathula Hettiarachchi			



CONGRESS SCHEDULE - DAY 02



DAY 2 - FRIDAY 4TH OF SEPTEMBER

TIME	HALL	ITEM	DETAIL	SPEAKER	ASSOCIATION
07.00 – 07.50	Breakfast Session 5				
	Breakfast Session 6				
	Breakfast Session 7				
	Breakfast Session 8				
08.00 – 09.00	A	Symposium 11	Trauma Resuscitation		The College of Surgeons of Sri Lanka(CSSL)
			What is New in Trauma Resuscitation?	Professor Narain Chotirosniramit	
			Lethal Diamond	Professor Koji Morishita	
			Trauma-Induced Coagulopathy: What is New?	Professor Kim Namryeol	
			Nutrition in Critical Trauma Patients	Professor Aileen Patricia	
			Place of Whole Blood Transfusion in Trauma Resuscitation	Professor Narain Chotirosniramit	
	B	Symposium 12	Management of GORD		Sri Lanka Society of Gastroenterology (SLSG)
			Understanding Physiology of GORD with Investigations	Dr Rasika Bulathsinghala	
			Endotherapy for GORD	Dr Isuru Upanishad	
			Surgical Management of GORD	Dr Vibhuthi Arampola	
			Unhappy Patient After Antireflux Surgery	Dr Chaturanga Keppetiyagama	
09.00 – 10.00	A	Symposium 13	Damage Control in Trauma		The College of Surgeons of Sri Lanka (CSSL)
			Complications of Abdominal Damage Control Surgery	Professor Amith Gupta	
			Newer Trends in Damage Control Thoracotomy	Dr Saman Iddagoda	
			Rib Fixation in Developing Countries: Prime Time or Still Emerging?	Professor Yuzaidi Mohamad	
			Experience in Paediatric Damage Control Resuscitation	Dr Mathula Hettiarachchi	
			Early Total Care vs Damage Control in Orthopaedics	Dr Rizmy Moujood	
	B	Symposium 14	Ergonomics of Laparoscopy		Sri Lanka Association of Minimal Access and Digital Surgeons (SLAMADS)
			Surgical Ergonomics from Neglect to Necessity	Dr Achala Samarasinghe	
			Navigating Ergonomics Towards Surgeons' Wellness	Professor Sittampalam Rajendra	
			Tips And Tricks of Ergonomics in Advanced Laparoscopy	Dr Rukman Sanjeeva	
			Muscular Skeletal Concerns and Practical Strategies in Operating Theatre	Dr Asela Ratnayake	



CONGRESS SCHEDULE - DAY 02



10.00 – 10.30	TEA				
10.30 – 11.30	A	Symposium 15	Disaster Management		The College of Surgeons of Sri Lanka (CSSL)
			Military-Civilian Partnership in Disaster Management	Col Amila Rathnayaka	
			Surgeon's Role in Disasters	Prof Kim Namryeol	
			2004 Tsunami to 2025 Ditwah Cyclone: Learning the Lessons the Hard Way	Dr Bingumal Jayasundara	
			Disaster Management Drills: How to Plan?	Professor Kenneth Boffard	
			Training in Disaster Management in Sri Lanka	Dr Ranjith Ellawala	
	B	Symposium 16	Oesophagectomy and Management of Complications		Sri Lanka Association of Minimal Access and Digital Surgeons (SLAMADS)
			Safe Oesophagectomy	Dr Rasitha Manatunga	
			Management of Complications of Oesophagectomy	Dr Dhammika Rasnayake	
			Lymphadenectomy in Oesophageal Cancer: To What Extent?	Dr Koji Shindo	
11.30 – 11.45	A	Plenary 9	Artificial Intelligence and Technology in Triage and Decision Making in Trauma	Professor Tarek Razek	
11.45 – 12.00	A	Plenary 10	Safety and Clinical Indications for REBOA	Professor Raj Menon	
12.00 – 12.15	A	Plenary 11	Innovations in Trauma Care Through a Hybrid Emergency Room System	Professor Koji Morishita	
12.15 – 13.15	A	Symposium 17	Regions and Organs-specific Trauma - Case Based Presentations		The College of Surgeons of Sri Lanka (CSSL)
			How to Improve the Outcome of Penetrating Neck Trauma	Prof Narain Chotirosniramit	
			Recent Advances in the Diagnosis and Treatment of Pelvic Ring Injuries	Dr Kamal Jayasuriya	
			Should We Follow the Pancreaticoduodenectomy Protocol for Grade 4/5 Injuries?	Professor Kenneth Boffard	
			Advances in Diagnosis and Management of Liver Trauma	Professor Yuzaidi Mohamad	
			Current Concepts in the Management of Colonic Injuries	Professor Aileen Patricia	



CONGRESS SCHEDULE - DAY 02



12.15 – 13.15	B	Symposium 18	Unforgiving Pancreas		Sri Lanka Hepato-Pancreato-Biliary Association (SLHPBA)
			Necrotizing Pancreatitis -Surgical Interventions	Dr Malith Nandasena	
			Idiopathic Acute Pancreatitis - Sri Lankan Perspective	Professor Aloka Pathirana	
			Chronic Pancreatitis: Latest Management Options	Dr Buddhika Dassanayake	
			Pancreatic Carcinoma- Updates	Professor Ajith Siriwardena	
13.15 – 14.15	LUNCH				
14.15 – 15.15	A	Symposium 19	Trauma Special Topics		The College of Surgeons of Sri Lanka (CSSL)
			Trauma Education: A Global Perspective	Professor Kenneth Boffard	
			Emergency Thoracotomy for the General Surgeon: What You Need to Know	Professor Tarek Razek	
			Impact Of Outcome in Trauma Education in Rural Sri Lanka	Dr Kamal Jayasuriya	
			Tips For Abdominal Vascular Injuries for Resource-Poor Hospitals	Professor Raj Menon	
			Quality Improvement in Trauma Care: What We Need to Know	Professor Amith Gupta	
	B	Symposium 20	Surgical Management of Obesity in a Nutshell		Association of General Surgeons of Sri Lanka (AGSSL)
			Impact of Obesity, Patient Selection, Preparation and Follow Up	Dr Manilka Sumanathilake	
			Outcome of Laparoscopic Sleeve Gastrectomy in Sri Lankan Patients	Professor Ishan De Soysa	
			One Anastomosis Gastric Bypass: Benefits and Controversies	Dr Senarath Werapitiya	
			RYGB Vs Sleeve Plus Procedure: Which One Suits South Asians best	Dr Haritha Weerasinghe	
			Nutritional Deficiencies and Follow Up Challenges in Sri Lankan Context	Dr Jayani Tennakoon	



CONGRESS SCHEDULE - DAY 02



15.15 – 16.15	A	Symposium 21	Specific Trauma		The College of Surgeons of Sri Lanka (CSSL)
			Non-Operative Management (NOM) and Renal Salvage in Trauma: What is New?	Dr Ranga Wickramarachchi	
			Perineal Injury and Reconstruction	Dr Yasas Abeywickrama	
			Tips And Traps in the Management of Bowel Injuries with Contamination	Professor Amith Gupta	
			Contemporary Diagnosis and Management of Mild Traumatic Brain Injury: When Do You Need to Transfer to the Neurosurgical Units?	Dr Rasika Chandrasekera	
			Vascular Damage Control: Approach for General Surgeons	Dr Nalaka Gunawansa	
	B	Symposium 22	Safe Thyroid surgery		Association of Endocrine Surgeons of Sri Lanka (AESSL)
			Recurrent Laryngeal Nerve - Preservation and Management of Injuries	Dr Rajeev Parameswaran	
			Parathyroid Preservation and Retaining the Function	Professor Sai Vittal	
			External Branch of the Superior Laryngeal Nerve and Thyroidectomy	Dr Kithsiri Senanayake	
16.15 – 16.45	A	Symposium 23	Rehabilitation		The College of Surgeons of Sri Lanka (CSSL)
			Clinical Care Updates in Spinal Injuries	Professor Katie Iverson	
			Recent Advances in Spinal Cord Injury Rehabilitation	Dr Virginia Wilson	
			Spinal Rehabilitation from a Sri Lankan Perspective	Dr Narendra Pinto	
16.00- 16.45	B	Symposium 24	CSSL Australian Chapter		Australian Chapter of the College of Surgeons of Sri Lanka
			Klatskin Tumours: Patient Selection for Surgery	Dr Ratna Aseervatham	
			How to Tackle a Large Hiatus Hernia	Dr Anoj Dharmawardhane	
			Recto-rectus Ventral Hernia Repair	Dr Thushara Dissanayake	
16.45 – 17.15	TEA & Trauma Poster Walk				



CONGRESS SCHEDULE - DAY 03



DAY 2 - SATURDAY 5TH OF SEPTEMBER

TIME	HALL	ITEM	DETAIL	SPEAKER	ASSOCIATION
07.00 – 07.45	Breakfast Session 9				
	Breakfast Session 10				
	Breakfast Session 11				
	Breakfast Session 12				
08.00 – 09.00	A	Symposium 25	SASCS Lectures		South Asian Surgical Care Society (SASCS)
			Management of Well- Differentiated Thyroid Cancer	Dr Maruthu Pandian	
			Surgical Training Improvements and Pitfalls in Nepal	Professor Robin Joshi	
			Malaysian Association Academy		Malaysian Association Academy
	B	Symposium 26	Evolving and Crucial Role of the General Surgeon	Professor Dr Liew Ngoh Chin	
			Use of AI In Surgery		Association of General Surgeons of Sri Lanka (AGSSL)
			Responsible Use of AI in Clinical Practice	Professor Thushari Silva	
			Pattern Recognition in Surgical Practice	Professor Roshan G Ragel	
		Becoming an Infinite Learner Powered by AI - A Surgeon’s cut	Dr M T D Lakshan		
09.00 – 09.15	A	Plenary 12	From Guidelines to Ground Reality: Adapting International Cancer Protocols to Sri Lanka	Dr Rasitha Manatunga	
09.15 – 09.30	A	Plenary 13	Fatigue, Burnout, and Wellness: Protecting the Human Behind the Scalpel	Mr John Camilleri-Brennan	
09.30 – 10.30	A	SASCS ORATION Dr Bingumal Jayasundara			
10.30 – 11.00	TEA				
11.00 – 11.15	A	Plenary 14	Surgeons Role Beyond Surgery	Professor Srinath Chandrasekera	
11.15 -12.15	A	Symposium 27	Management dilemma in biliary surgery		Sri Lanka Hepato-Pancreato-Biliary Association (SLHPBA)
			Obstructive Jaundice - Perioperative Management	Dr Duminda Subasinghe	
			Management of Acute Cholecystitis with Delayed Presentations	Dr Mehan Siriwardena	
			External Biliary Drainage and Radiological Interventions in HPB Surgery	Dr Chinthaka Appuhamy	
			EUS Guided Procedures in HPB Surgery and Bail Out Procedures for Surgeons	Professor Nilesh Fernandopulle	



CONGRESS SCHEDULE - DAY 03



11.15 –12.15	B	Symposium 28	Surgery in Breast Cancer		Sri Lanka Society of Breast Surgeons (SLSBS)
			Surgical Management of Gene Positive Breast Cancer	Dr Nalinda Munasinghe	
			Implant Based Breast Reconstruction	Dr Kanchana Wijesinghe	
			Management of Axilla in Breast Cancer: Current Standards and Applicability in the Sri Lankan Setting	Dr Umesh Jayarajah	
			Breast Cancer Management in Outskirts of Sri Lanka	Dr Bingumal Jayasundara	
12.15 – 12.30	A	Plenary 15	The Surgeon as the Compassionate Leader versus the ‘Silent Threat’	Professor Robin W Paton	
12.30 – 13.30	A	Noel & Nora Bartholomeus Best Paper Session			
13.30 – 14.30	Lunch				
14.30-14.45	A	Plenary 16	Learning to Lead Without Leading	Professor Rohan Siriwardene	
14.45 – 15.00	A	Plenary 17	Robotics In Upper GI Surgery	Professor Sajida Qureshi	
15.00 – 15.15	A	Plenary 18	Structuring a Safe Institutional Robotic Pancreas Programme	Dr Mehan Siriwardana	
15.15 – 16.15	A	iSCOPE Video competition			Sri Lanka Association of Minimal Access and Digital Surgeons (SLAMADS)
	B	Symposium 29	Adrenal Disorders		Association of Endocrine surgeons (AESSL) & Association of General Surgeons of Sri Lanka (AGSSL)
			Management of Adrenal Incidentalomas	Dr Diluka Pinto	
			Techniques in Adrenalectomy	Dr Rajeev Parameshwaran	
			Primary Hyperaldosterolism and Early Onset of Hypertension: An Update	Professor Dulani Kottahachchi	
16.15 – 16.30	CLOSING CEREMONY				
16.30 – 17.00	TEA				



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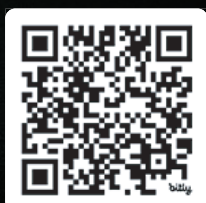
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AWARDS AND MEDALS



PROFESSOR M V P PEIRIS AWARD

Professor M V P Peiris is one of Sri Lanka's eminent surgeons. A product of St. Joseph's College, Panadura and later St. Joseph's College, Colombo, he had a brilliant career both in school and at medical college. He entered Ceylon Medical College having first passed the intermediate examination in science of the London University obtaining Gold Medals in biology and chemistry. He passed out in 1925 with gold medals in Anatomy, Physiology, Tropical Medicine, Medicine, Surgery and Operative Surgery in addition to being awarded the gold medals for best performance in first, second and final professional examinations.

He then proceeded to England and specialized in surgery obtaining MBBS(Lon) and FRCS(Eng) in 1929. He was appointed as a Consultant Surgeon of General Hospital, Colombo. In 1952 he accepted the Chair of Surgery at University of Ceylon and continued his teaching commitments with busy hospital schedules and extensive private practice. In 1960 he entered politics and was appointed to the senate and briefly held the portfolio for health and later for commerce and trade. He finally ended his public service career as the Sri Lankan High Commissioner to UK.

M V P PEIRIS award for the best performer in Surgery at the Final MBBS examination year of intake 2017/2018 is awarded to **Dr R A C M SAMARASINGHE**



PROFESSOR P S S PANDITHARATNE

Professor Panditharatne entered the Faculty of Medicine in 1953 from where he qualified with MBBS (Honours) in 1959. After his internship in Surgery and Paediatrics, he joined the Department of Anatomy as a demonstrator in 1960. He soon found his niche as an anatomist par-excellence. In 1962, he sat the primary FRCS examination not with the intention of being a surgeon but of widening his knowledge in basic sciences and passed the examination in the first attempt. He continued in Anatomy as a Lecturer and proceeded to UK to specialize in and do research in Anatomy at Manchester University. There, on his original work on the autonomic pathways of the Facial Nerve, he was awarded his Doctorate, PhD in Anatomy from Manchester University.

He then did further work on the autonomic ganglia and fibers of the gastrointestinal system before returning to Sri Lanka in 1968. On his return he was appointed Senior Lecturer in Anatomy and in 1976, he was the automatic choice for Chair of Anatomy of Faculty of Medicine, Colombo. His other academic interests include the clinical orientation course in gross anatomy and revision of the Neuroanatomy course in order to stimulate greater interest among students. He has held several posts in the University hierarchy including Chairmanship of the Curricular and Evaluation Committee of the Faculty of Medicine and Acting Dean of the Faculty of Medicine, Colombo. He was an acting Registrar of the Sri Lanka Medical Council.

P S S PANDITHARATNE medal for Anatomy component of the common selection examination for surgical specialties - February/April 2025 is awarded to **Dr K SRIJEYAHARISH** and September/October 2025 is awarded to **Dr S H M N J SENAVIRATHNA**



AWARDS AND MEDALS



DR M H DE ZOYSA AWARD

Dr M H De Zoysa was born to a family of five at Madampe, Ambalangoda on November 11, 1930, and had his primary education at Dharmashoka College, Ambalangoda, and his secondary education at Ananda College, Colombo. After graduation from the Faculty of Medicine of the University of Colombo in 1957 with honours, he proceeded to the UK for postgraduate studies and obtained the Fellowship of The Royal College of Surgeons of Edinburgh in 1967.

There was a shortage of surgeons in Sri Lanka then and the hospitals had minimal facilities. Unlike many doctors who left at that period for postgraduate studies he returned to Sri Lanka to serve his motherland. He worked in the General Hospitals of Galle, Ratnapura, Colombo South and the National Hospital of Sri Lanka as a Consultant Surgeon, rendering yeoman service to the citizens of our country.

In the National Hospital, in addition to his surgical work, he contributed immensely to the training of both undergraduates and postgraduates. Even when the Colombo medical school was closed there were a number of medical students who joined his ward rounds and clinics voluntarily. After a distinguished career of 33 years, he retired from the Ministry of Health on November 11, 1990. This opened another chapter in his life.

This was the time when Eelam war 2 had commenced after the failed peace talks with the government of Sri Lanka. There were a large number of military casualties, and the forces faced an acute shortage of medical personnel. Realizing the gravity of the situation and the national need of the hour, Dr De Zoysa took the courageous decision of serving in the Army. When after retirement, while most professionals wanted to relax, go slow and enjoy life, he took the brave decision of treating the wounded servicemen.

He saved the lives of many brave soldiers at the Palali Military Hospital during major military operations, particularly during 'Balawegaya 1', 'Balawegaya 2', 'Akunupahara' and 'Leap forward'. He had a great love and compassion towards these injured servicemen and all the risks to his life were secondary to this. The College of Surgeons of Sri Lanka, recognizing his services to the nation and the profession, honoured its senior life member Dr De Zoysa, by awarding him an Honorary Fellowship.

DR M H DE ZOYSA award for the best performer in the theory component of the MD Surgery (Part 2) examination – October 2025 is awarded to Dr **D M GOMEZ** and April 2026 is awarded to **Dr B KAJANTHAN**



AWARDS AND MEDALS



DR P R ANTHONIS RESEARCH AWARD

Dr Anthonis had an excellent career both in school and as an undergraduate. At Medical School he passed every examination with a first class and carried almost all the prizes that were then awarded; The Loos gold medal for Pathology, Mathew gold medal for Forensic Medicine, Rockwood gold medal for Surgery and Government Diploma Medal.

Then in 1947 he became the first person to return to this country after the 2nd World War, after having cleared the Primary and Final Fellowship Examinations of the Royal College of Surgeons of England at the very first attempt. He served as a consultant surgeon and then as a senior surgeon at General Hospital, Colombo, for a quarter of a century and it was during this time that his name and fame reached every home in this country. He was President of the Association of Medical Specialists for 9 years since its inception and obtained many benefits for the government medical fraternity. In 1981 he was appointed the Chairman of the Ceylon Medical Council.

In 1981 His Imperial Highness, the Emperor of Japan, conferred on him the highest honour bestowed on a non-Japanese, 'The Sacred Treasure of Japan'. He was appointed to the post of Chancellor of University of Colombo in the same year. He is the founder President of The College of Surgeons of Sri Lanka. In 1987 the coveted honour of Deshamanya was conferred upon him by his Excellency, Mr J R Jayawardene.

P R ANTHONIS RESEARCH award for the best publication in peer reviewed journals authored by Sri Lankan surgical trainees in the previous calendar year is awarded to **Dr P G N Danushka- Enhancing Neurosurgical Practice through Adherence to Operative Note Guidelines: An Audit**



DR S J STEPHEN GOLD MEDAL

Dr Samuel Jeyarajah Stephen had his primary and secondary education at Central College, Jaffna and obtained his final MBBS from the University of Colombo in 1955. He pursued General Surgery and later trained in Cardiovascular Surgery in UK, Germany, India and USA and obtained FRCS and MS. In 1964, he was appointed the consultant thoracic surgeon, General Hospital, Jaffna and later on, in General Hospital, Rathnapura. It was here, in 1969 with the assistance of Dr Neil Hamel, that he assembled a heart lung machine. He then went on to close ASDs on pump which was the first proper open-heart surgery performed out of Colombo. He served as the Chief Consultant Cardiothoracic surgeon, General Hospital, Colombo from 1976 to 1994. Following retirement, he served at Sri Jayewardenepura General Hospital. He was a trainer and examiner in surgery for the Postgraduate Institute of Medicine and the chairman, board of study in surgery for many years. He was the President of The College of Surgeons of Sri Lanka from 1988 to 1989. He was the President of Sri Lanka Medical Association, Sri Lanka Heart Association and Association of Cardiology – SAARC countries along his career

He was awarded the prestigious title of Hunterian Professor by the Royal College of Surgeons of England in 1988 for the lecture on "Changing patterns of mitral stenosis in childhood and pregnancy". He had published numerous papers in local and international journals on many aspects of cardiac and thoracic surgery. He was honored with the national honour "Deshabandu" for his meritorious service to the nation by the President of Sri Lanka in 1987.

S. J. STEPHEN GOLD MEDAL for the best published article in Sri Lanka Journal of Surgery 2025 is awarded to **Dr R Deen - Colorectal Cancer Survivorship in a Cohort of Sri Lankan Patients; the Time to Widen Focus from the Care of Acute Patients to Long-term Survivors**



AWARDS AND MEDALS



DR SHANTHILAL DE SILVA MEMORIAL RESEARCH GRANT

Dr Ganesh Shanthilal De Silva was born on 7 July 1947 and was the eldest in a family with three brothers and a sister. He had his entire education at Ananda College, Colombo. After his graduation from the Faculty of Medicine, University of Ceylon in 1972, he worked in Kegalle, Matara and Colombo General Hospitals. Thereafter, he proceeded to the United Kingdom for postgraduate studies and obtained the Fellowship of the Royal College of Surgeons, Edinburgh in 1982. Dr De Silva returned to Sri Lanka to serve his motherland unlike many others who left for postgraduate studies overseas at that time.

He worked in the General Hospitals at Matara, Panadura, Kurunegala and Negombo as a Consultant Surgeon thereby rendering outstanding service to the people of Sri Lanka. He was a dedicated surgeon whose main purpose in life was to serve the people with no consideration for monetary gain. For this purpose, he played a pioneering role in getting an intensive care unit established at the Matara Hospital.

However, his main satisfaction came from volunteering his services to treat the armed forces casualties in the Northern theatre of war during terrorist activities. He made several such tours of duty.

Dr Shanthilal De Silva loved to teach. By his creative methods of clinical teaching, coloured with much humour, he has trained a large group of surgeons for the nation.

He would continue teaching in the hospital ward or in the operating theatre even after 4 in the evening. He coaxed his trainees to do the best and aim at reaching the top of the pass list at post graduate exams. Quite a few have achieved this as intended by him. There is no doubt they will emulate exceptional qualities of Dr De Silva by providing humane care to their patients. Thus, though he is no more, his legacy will live on, serving the people through his disciples in surgery.

After his retirement from the National Hospital in 2007, he served as a consultant Surgeon at the Military Hospital in Colombo for 5 years. He also served as the patron of the Old Anandians Medical Guild until his demise in 2024.

DR SHANTHILAL DE SILVA MEMORIAL RESEARCH GRANT
for 2026 is awarded to **Dr K L W Grero - Characterizing Breast Thermal Behavior in Women: A Study Using Smart Bra Technology for Early Detection of Abnormalities in Breasts**





SIR A M DE SILVA

Sir Arthur de Silva, KCMG, CBE, FRCS was admitted to the Fellowship at his first attempt at the age of 25. A keen student of the science of medicine, he became a masterly practitioner in the art of general practitioner in the West End of London and later as a junior physician at the General Hospital, Colombo. He was a well-travelled man and garnered a rich harvest of knowledge from the surgical clinics of Europe and America.

His ability as an otorhinolaryngologist was recognized by foreign colleagues of world renown. His services were sought by patients from Africa to Australia.

Minimal incisions, bleeding, and handling of tissues, neatness, rapidity, and dexterity characterized his work. He rarely spoke in the theatre, and what little he said was never a rebuke or reprimand. His placidity and good temper never deserted him even when faced with aggravating provocation. Never did he expose a patient to danger for the sake of adding to his dramatic surgical triumphs, but he did not shrink from taking legitimate risks to safeguard life.

Sir A M de Silva might have made a significant contribution to surgical literature from his experience

of half a century, but modesty discouraged him from writing of his own opinions or work. His contribution to the alleviation of suffering among the poor and needy was his life's work, a contribution made, not only through his own labours in the General Hospital of Colombo, but also by training his pupils in the way he had trained himself. His students learned from him not only surgery

but also human kindness. As an examiner he was reputed to be strict, but he preferred to assess a candidate's knowledge rather than probe the depths of his ignorance.

In his retirement speech, he pleaded for a greater spirit of professional fellowship, and enjoined tact, patience and understanding towards patients as fellow beings faced with disease or death. His words are worth recalling to our minds decades after he spoke them.



SIR A M DE SILVA ORATION

Orator

Professor Dakshitha Wickramasinghe

MBBS MD(Surgery) DM(Research)(Col) MRCSEd
PGCertMedEdu

PhD (Lancaster) FACS FIAGES FMAS FRCS
Professor in Surgery and Consultant General Surgeon
Faculty of Medicine
University of Colombo





Professor Dakshitha Wickramasinghe is a Consultant Surgeon at the National Hospital of Sri Lanka and Professor in Surgery at the Faculty of Medicine, University of Colombo. He graduated MBBS with First Class Honours from the University of Colombo, placing second in order of merit among all medical graduates in Sri Lanka in 2009, and was awarded the Canekeratne Prize for General Merit across all faculties of the University at the General Convocation that year. He went on to top the order of merit in both parts of the MD (Surgery) examination, receiving the Dr P R Anthonis Gold Medal for Basic Sciences in Surgery (2013), the Virasapillai Gabriel Memorial Gold Medal for General Surgery, and the PGIM Gold Medal for the Best MD Student of 2016.

Prof Wickramasinghe holds a Doctor of Medicine (DM) by research from the University of Colombo and a PhD in Technology Enhanced Learning from Lancaster University, UK, with his doctoral work examining simulation-based surgical training. He is a Member of the Royal College of Surgeons of Edinburgh and a Fellow of the Royal College of Surgeons of England, the American College of Surgeons, the Association of Minimal Access Surgeons of India, and the Indian Association of Gastrointestinal Endo Surgeons, among other professional bodies.

He trained as a Clinical and Research Fellow at St Mark's Hospital, London, specialising in colorectal and inflammatory bowel disease surgery. His clinical practice and academic work span colorectal surgery, gastrointestinal physiology, and surgical education, and he supervises postgraduate research and undergraduate teaching at the Faculty of Medicine.

A prolific researcher, he has authored over 100 publications in peer-reviewed journals, two book chapters, three textbooks, and more than 100 oral and poster presentations at national and international conferences, with over 23,000 citations, an h-index of 37, and an i10-index of 55 on Google Scholar. He was named among the Stanford/Elsevier Top 2% Scientists in 2025, serves on the editorial board of the Sri Lanka Journal of Surgery, and Journal of Gastrointestinal Surgery. His honours include the American College of Surgeons International Guest Scholarship (2024), the TWAS Regional Partner Award (2023), representing Sri Lanka at the Young Physician Leaders programme of the

Inter-Academy Partnership in Berlin (2022), and James IV Travelling Fellowship (2026).

Professor Wickramasinghe holds leadership roles in several professional bodies, including the Sri Lanka Society of Colorectal Surgeons, and is member of the International Relations Committee of the American College of Surgeons. He maintains a public health-education video channel in English and Sinhala reaching audiences across Sri Lanka, reflecting his broader commitment to patient education and public health communication.

ABSTRACT

Beyond The Tumour: Building A Resource-Appropriate Colorectal Surgical Pathway from Sri Lankan Evidence

Introduction: Colorectal cancer (CRC) is an expanding surgical and public-health priority in Sri Lanka, where specialist services operate within a public health system lacking national screening. Outcomes are shaped not only by tumour biology and operative care, but also by awareness, screening acceptability, diagnostic access, staging infrastructure, Financial Toxicity (FT), rehabilitation, information provision, and survivorship support.

Methods: Original work across the CRC care continuum was synthesized under applicable institutional governance and ethical approvals. The evidence base included studies on premalignant disease patterns, clinicodemographic trends, public awareness, colonoscopy uptake, diagnostic delay, symptom phenotype, rectal cancer staging, FT, stoma-care training, psychological burden, patient-reported Quality of Life (QoL), and information provision. Findings were integrated into sequential resource-appropriate pathway domains from recognition to survivorship.

Results: Premalignant mapping identified colonic polyps in 158 of 3810 lower gastrointestinal endoscopies, with 188 polyps assessed. Mean age was 56.5 years among patients with polyps and 62.3 years in the CRC cohort (n=350). Rectum and





sigmoid colon accounted for 60.9% of comparable colorectal polyps and 71.7% of CRCs, while disease at or distal to the descending colon accounted for 74.1% and 75.4%, respectively. A sigmoidoscopy-reach approach would have visualised 74.1% of comparable polyps, although 17.7% of patients had isolated proximal polyps without a distal marker.

Pre-diagnostic evaluation showed low unprompted awareness; among 506 participants, 58.7% failed to recall any CRC symptom and 44.3% failed to recall any risk factor. In the colonoscopy uptake study (n=500; 54% aged ≥ 45 years), older adults more often perceived colonoscopy as harmful, and women reported greater fear of pain and embarrassment. Screening willingness was predicted by belief in early detection (OR 3.11) and fear of CRC (OR 1.77).

Among 350 symptomatic patients, median symptom onset-to-first consultation time was 34 days, and first consultation-to-colonoscopy time was 18 days. Qualitative inquiry (n=12) using the Andersen Model showed delay categories in all 12 interviewed patients, with appraisal delay predominating (n=8), mainly due to symptom normalisation and misattribution to benign disease. Symptom phenotype varied by tumour location: PR bleeding increased from 15.0% in right-sided cancers to 52.3% in rectal cancers, while abdominal pain and anaemia were more frequent in proximal disease.

FT affected 16.7% of 114 patients despite public-sector care. Transport (34.2%) and diagnostic investigations (26.3%) were the most common additional expenses. Structured stoma-care training improved all 15 assessed nursing domains. Sinhala validations enabled measurement of CRC-specific QoL (n=110) and information provision (n=102), while psychological screening (n=100) identified moderate depression in 23 patients by BDI and moderate anxiety in 11 by DASS-21.

Conclusion: The operation is not the endpoint of CRC care but a transition to survivorship. This evidence reframes CRC surgery as linked responsibilities: if recognition fails, care is delayed; if entry is unaffordable, intent does not become action; if financial harm is unrecognised, free care remains inequitable; and if survivorship is unmeasured, morbidity remains hidden. A resource-appropriate pathway must integrate symptom-action education, risk-stratified investigation, equitable diagnostic access, resilient staging, financial screening, stoma training, validated outcome measures, information assessment, and distress screening.



PROFESSOR MILROY PAUL

Milroy Aserappa Paul was the epitome of a University don. His overtly reserved demeanor would transform into a confident extrovert endowed with a piercing and inquiring mind while teaching in the operating theatre, which was his arena. Wit, repartee and knowledge was his forte. His unique sense of humour was benign, pure and appealing. Many a student would relish being at the receiving end of his wit and would cherish the memory for a lifetime, recounting them at every possible opportunity. The teaching room was his other theatre where he inculcated surgical concepts with enthusiasm and vigour. He inspired generations of students and surgical trainees to challenge conventional thinking.

To quote from the biographical entry Plarr's Lives of the Fellows Online of the Royal College of Surgeons (2nd July 2015), "Milroy Paul, although having the advantage of distinguished medical forbears on both sides of his family, was a man who, by sheer hard work and brilliance, achieved great distinction in his own country and became widely known outside Sri Lanka". He was appointed as a Hunterian Professor on three occasions in 1950, 1953 and 1955. His publications covered various congenital abnormalities, pancreatic cysts, amoebic abscess of the liver and tropical elephantiasis. He was a founder member of the Ceylon Association for the



ORATIONS



Advancement of Science in 1944, and its' President in 1954. He was also a founder member and first President of the Association of Surgeons of Ceylon 1963-64 and the Registrar of the Sri Lanka Medical Council from 1942-82. Paul was a keen tennis player and swimmer.

Professor Paul did what only truly great teachers would do - documented, drew, published original work, inspired and motivated students and juniors. He was admitted to the James IV Association of Surgeons in 1963, a privilege only for 25 of the best surgeons from across the world and was awarded the OBE in 1972 in recognition of his services as a surgeon and an academic. Professor Paul never sought publicity, public adoration and acclaim. However, the professional fraternity ensured that his contributions would never be unheralded. Sri Lanka was blessed to have had Milroy Paul, as were the countless students and trainees whose lives he touched over decades.



PROFESSOR MILROY PAUL ORATION

Orator

Dr Mathula Hettiarachchi

MBBS, MD (Surgery), MRCS (Eng)
Consultant Paediatric Surgeon

Senior Lecturer in Surgery
Faculty of Medicine
University of Peradeniya

Dr Mathula Hettiarachchi is a Consultant Paediatric Surgeon at the Sirimavo Bandaranaike Specialised Children's Hospital, Peradeniya, and Senior Lecturer in Surgery at the Faculty of Medicine, University of Peradeniya. His clinical and academic interests encompass the breadth of neonatal and paediatric surgery, with particular interest in minimally invasive surgery, paediatric thoracic surgery and paediatric urology.

An old boy of Maliyadeva College, Kurunegala, Dr Hettiarachchi entered the Faculty of Medicine, University of Kelaniya, where he obtained his MBBS with Second Class Upper Division honours and distinctions in Medicine and Pathology, being placed 10th in the Final MBBS merit list.

Following postgraduate surgical training in Sri Lanka, he obtained his MD in Surgery from the Postgraduate Institute of Medicine, University of Colombo, and the membership of the Royal College of Surgeons of England. He subsequently completed his specialist training and obtained Board Certification in Paediatric Surgery in 2013 from the Postgraduate Institute of Medicine, University of Colombo.

His overseas postgraduate training included Paediatric Surgery at Waikato District Health Board, Hamilton, New Zealand, followed by higher specialist training at the Great Ormond Street Hospital for Children, London, United Kingdom. These appointments provided extensive exposure to complex neonatal, paediatric and minimally invasive surgery.

Dr Hettiarachchi has a particular interest in advancing minimally invasive surgery in children. His clinical and academic work encompasses advanced paediatric laparoscopy and thoracoscopy for congenital and acquired conditions. His work in thoracic surgery has included thoracoscopic management of empyema, neurogenic tumours, intrathoracic lymphangioma and pulmonary lesions, together with research into the anatomical principles and techniques of thoracoscopic pulmonary lobectomy. His broader research interests include posterior urethral valves, anorectal malformations, congenital anomalies, paediatric urology and uncommon surgical conditions in children.





He is actively involved in undergraduate and postgraduate surgical education at the University of Peradeniya and in the training of postgraduate trainees in Paediatric Surgery. His research has been published in national and international journals, including Journal of Pediatric Surgery, Journal of Pediatric Surgery Case Reports, Journal of Pediatric Surgery Open, Journal of Pediatric Urology, BMC Pediatrics, Annals of Pediatric Surgery, Sri Lanka Journal of Child Health, Sri Lanka Journal of Surgery, Sri Lanka Journal of Medicine, Asian Journal of Pediatric Nephrology and the New Zealand Medical Journal. His publications span minimally invasive and thoracoscopic surgery, paediatric urology, congenital anomalies, neonatal surgery and unusual paediatric surgical conditions.

He has presented his work at national and international scientific meetings, including the Annual Scientific Conference of the American Pediatric Surgical Association (APSA), Chicago, USA, in 2026 and, the International Stillbirth Alliance 2024 Conference, Colombo where he presented his work on renal preservation in children with posterior urethral valves and congenital anomalies in children.

Dr Hettiarachchi serves as an Editorial Board Member of Springer Nature's BMC Surgery, contributing to the international peer-review and academic publishing process.

His professional affiliations include membership of the College of Surgeons of Sri Lanka, the British Association of Paediatric Surgeons (BAPS) and the Global Initiative for Children's Surgery (GICS), as well as Life Membership of the Sri Lanka Medical Association (SLMA).

His professional career has centered on advancing contemporary paediatric surgical care in Sri Lanka, particularly the development of minimally invasive surgery for children, while combining clinical practice with surgical education, research and innovation.

ABSTRACT

Establishing a Paediatric Thoracoscopic Surgery Programme: Outcomes, Challenges, and Lessons Learned

Background: Video-Assisted Thoracic Surgery (VATS) has progressively displaced open thoracotomy across paediatric surgical practice, offering equivalent operative outcomes with superior cosmesis, reduced musculoskeletal morbidity, and earlier recovery. Establishing such a programme at a national tertiary paediatric centre in a resource-limited setting presents distinct organizational, technical, and anaesthetic challenges. This oration describes the evolution, procedural spectrum, outcomes, and lessons learned from a paediatric thoracoscopic surgery programme over a six-year period.

Methods: A retrospective analysis of all paediatric thoracic surgical procedures performed at a tertiary national children's hospital from 2019 to 2026 was conducted. Data were collated on patient demographics, operative indication, anaesthetic technique, intraoperative parameters, complications, and outcomes. Procedures were categorized by diagnosis. Primary outcome measures were operative time, conversion rate, recurrence, morbidity, and mortality.

Results: One hundred and eleven thoracic surgical procedures were performed in 102 patients (age range 5 months—16 years). The empyema series comprised 19 patients who underwent 22 thoracoscopic procedures (21 VATS decortications and 1 thoracoscopy converted to open surgery for bronchopleural fistula repair), with zero procedure-related mortality and 100% clinical resolution; intraoperative complications occurred exclusively in the delayed-presentation group (46.2% vs 0%). One patient in the delayed group developed a post-VATS bronchopleural fistula requiring a second thoracoscopic procedure converted to open thoracotomy for definitive closure, representing the most severe morbidity in this series and a direct consequence of delayed surgical referral. The CDH





programme encompassed 23 repair attempts (15 thoracoscopic completions, 8 open); the eventration programme encompassed 21 attempts (11 thoracoscopic completions, 3 conversions, 7 historical laparoscopic repairs now abandoned in favour of thoracoscopic repair). Eleven thoracic tumour, cystic, and mediastinal mass resections were all completed thoracoscopically, including one thoracoscopic thymectomy for thymic hyperplasia. Twelve lobectomies were performed (1 pure VATS, 4 VATS-assisted/converted, 6 planned open, 1 aborted). Mean CDH operative time was 132 minutes with no intraoperative aloodotic episodes.

Conclusions: Advanced paediatric thoracoscopic surgery is feasible, safe, and reproducible in a resource-limited setting. Delayed surgical referral significantly increases intraoperative complexity in empyema. Laparoscopic eventration repair was formally abandoned in favour of a standardized thoracoscopic technique that avoids the diaphragmatic tenting problem and is now the programme standard. Structured programme development, an aesthetic partnership, and continuous outcome review are essential.



SASCS ORATION



SASCS ORATION

Orator

Dr Bingumal Jayasundara

MBBS, MD, MRCS

Consultant General Surgeon
Base Hospital, Balapitiya, Sri Lanka
SriMed Level 2 UN Hospital,
Bor, South Sudan

Bingumal had his primary education at Asoka Vidyalyaya, Colombo and completed his secondary education at Royal College, Colombo. In addition to the academic excellence during his school career, he has earned college colours in Baseball for three consecutive years for winning the national championship and achieved the President's award as a senior scout. He obtained his MBBS with second class upper division honours from the Faculty of Medical Sciences, University of Sri Jayawardenepura in 2005 with distinctions in Microbiology, Parasitology, Pathology, Surgery and Medicine. Dr Jayasundara entered the post graduate training program winning

the Dr PR Anthonis medal for the best performance at the selection exam in 2008, completed the MD in 2012 and obtained board certification in general surgery in 2015. He is a member of Royal College of Surgeons of England since 2012.

Dr Jayasundara has over thirty-five publications in peer-reviewed journals and more than seventy publications/presentations as abstracts. He had delivered Dr Noel Bartholomeusz memorial oration in 2020, Professor Milroy Paul memorial oration in 2024 at the College of Surgeons of Sri Lanka; and Dr SC Paul memorial oration at Sri Lanka Medical Association in 2025; in addition to numerous plenary lectures delivered at national and international conferences. He was a member of the specialty board in general Surgery at the Post Graduate Institution of Medicine, Colombo 2018-2020. He has been a trainer at National Trauma Management Course since 2020 and a resource person at various local surgical training programs during last eight years. Dr Jayasundara has worked at District General Hospitals, Mannar and Nuwaraeliya; and Base Hospital, Dambulla prior to his current position in Balapitiya. Further, he has served as a military surgeon in the United Nations Mission in South Sudan affiliated to Sri Lanka Army in 2019-20 and early 2026.

Bingumal enjoys nature expeditions, wildlife photography, calligraphy, literature and reading during his leisure times. He is married to Niwanthi, a Medical Officer in the Ministry of Health and has two daughters, Paramie and Nilupulie, both sharing his passion for the fine arts and wildlife.





ABSTRACT

An Anecdotal Extraction of Surgical Adventures Published in Common Sinhala Literature to Explore History of Surgery in Sri Lanka

'History is a set of lies agreed upon'
- Napoleon Bonaparte -

Concepts of western surgery established during the era of Hippocrates (460-370BC), developed exponentially after the mid-nineteenth century.

However, Sushruta Samhita (800-600BC) had detailed surgical advances in neighbouring ancient India, much prior to establishment of western surgery. Understanding the history of surgery is important not only to interpret present-day scenarios but also to predict the future of surgery. Contemporary 'Surgery' practiced in Sri Lanka had been introduced by the British; to be taught, communicated and evaluated in English. Although, colonial and post-colonial Sri Lankan surgical literature have been almost always published in English; there have been several non-scientific Sinhala publications of value to understand the history, development and progression of surgery in Sri Lanka.

This non-systematic review has detailed surgical procedures or surgical patient management measures extracted from Sinhala literature including biographies, documentary notes and fictions from mid-thirteenth to early-twenty first century to comprehend the surgical expertise that had been available in Sri Lanka/Ceylon during the mentioned period. Common Sinhala literature including, *බෙදෙක් වූණත් ලෙඩෙක් වූණත්* - Wedek wunath ledek wunoth (Experiences of a sick physician)—Lymph node biopsy and Debulking axillary nodal mass resection-2018; *යුද්ධ හමුදාපති ජාතියට දුන් පොරොන්දුව* - Yudha hamudhapathy jathiyata dun porondhuwa (Army Commander's promise to the nation)-Trauma laparotomy and Ileostomy reversal-2006; *බාල්හ ගිලානේ නොහොත් රෝගියෙකුගේ කතාවක්* - Baalha gilano nohoth rogiyekuge kathawak (Narrations of a cancer patient)-Anterior resection of rectum-1997; *යුගාන්තය* - Yuganthaya (The culmination of an

era)-Appendicectomy/Laparotomies-1930s; *මන වැදුනු දොස්තර* - Wana wedunu dhosthara (Surgeon of the wilderness)—Shoulder arthrotomy, Upper limb fasciotomy and Wound debridement-1910; *සීතාවක රාජධානියේ උන්නතියේදී අවතැන්ගත් සමහර අංශ පිළිබඳ විමර්ශනයක්*-Seethawake raaadhaaniye unnathiyedha awanathiyedha samahara ansha pilibanda wimarshnayak (Review on the rise and downfall of the Sithawake kingdom) - Wound debridement - 1590s; *පූජාවලිය*- Poojawaliya (The felicitation of Lord Buddha-1266) - Perianal fistula surgery, Craniotomy and Laparotomy; have detailed complex surgical procedures and clinical outcomes, accurately.

First three autobiographies by Dr. Gamage, Field Marshal Fonseka and Mr. Jayasena have symbolized 'Sri Lankan Surgery' between 1997-2018 that could be ascertained by the perspectives of current day surgeons in addition to the contemporary medical literature. The novel-Yuganthaya and biography-Wana wedunu dhosthara had represented 'Ceylones Surgery' of early-twentieth century, comparable with scientific evidence in medical literature of that era. The extract from 1590s reproduced in Professor Amarasinghe's book had denoted a potentially acceptable wound dressing practice for sixteenth century. The main challenge would be to determine the accuracy of the complex operative surgical descriptions from mid-thirteenth century, due to the lack of comparable evidence in western medical literature.

Common Sinhala writings on surgical operative procedures, after the nineteenth century have precisely represented 'Sri Lankan/Ceylones Surgery' of the era. It would be unreasonable to call unimaginably advanced surgical descriptions in Poojawaliya from thirteenth century, on Buddha-time/Sushruta-time India as unrealistic; due to lack of scientific evidence in western medical literature prior to seventeenth century for comparison.

'We are not makers of history. We are made by history'
- Martin Luther King Jr.-



BREAKFAST SESSIONS



03RD SEPTEMBER 2026

0700 - 0750 MAHOGANY

SESSION 1

Laparoscopic Appendicectomy

DR SENAL MADAGEDARA
DR M A C LAKMAL
DR KAUSHIKA GUNASEKERA

03RD SEPTEMBER 2026

0700 - 0745 SEQUEL

SESSION 2

Acute Limb Ischemia – Time Is Tissue

DR AMANTHANA MARASINGHA
DR BALASUBRAMANIAM SASEEKARAN
DR NADUN MOHOTTI
DR ANDREW NISHANTHAN
DR MANUJAYA GODAKANDAGE

03RD SEPTEMBER 2026

0700 - 0750 IVY - 1

SESSION 3

Anal Sphincter Reconstruction

DR NANDANA WICKRAMARACHCHI

03RD SEPTEMBER 2026

0700 - 0750 IVY - 2

SESSION 4

Contemporary Management of Cystic Lesions of the Pancreas

DR DUMINDA SUBASINGHE



BREAKFAST SESSIONS



04TH SEPTEMBER 2026

0700 - 0750 MAHOGANY

SESSION 5

**Tips for Cholecystectomy in
CLCD Patients and
Avoiding Iatrogenic Injuries**

PROFESSOR AJITH SIRIWARDENA
DR MEHAN SIRIWARDENE
DR BUDDIKA DASSANAYAKE

04TH SEPTEMBER 2026

0700 - 0750 SEQUEL

SESSION 6

Trauma - Challenging the Experts

PROFESSOR KIM NAMRYEOL
PROFESSOR RAJ MENON
PROFESSOR TAREK RAZEK
DR RANJITH ELLAWALA

04TH SEPTEMBER 2026

0700 - 0750 IVY - 1

SESSION 7

Minimal Access Hernia

DR ACHALA SAMARASINGHE
DR MANJULA PATHIRANAGE
DR RAJIV NIRMALASINGHAM

04TH SEPTEMBER 2026

0700 - 0750 IVY - 2

SESSION 8

**Asymptomatic Carotid Stenosis-
Treat or Treat Less?**

DR THILINA GUNAWARDENE
DR DONALD RUBHAKAN
DR MALAKA AMARASINGHE
DR SACHITH ABEYWICKRAMA
DR PRAGEETH LAMBIYAS



BREAKFAST SESSIONS



05TH SEPTEMBER 2026

0700 - 0750 MAHOGANY

SESSION 9

**Advances in Breast Cancer Care:
A Multidisciplinary Clinical Update**

DR ANURUDDHA THEWARAPPERUMA
DR ANUJA KUMARASINGHE
DR NURADH JOSEPH

05TH SEPTEMBER 2026

0700 - 0750 SEQUEL

SESSION 10

**The Border Zone: Surgical Dilemmas at the
Gastroesophageal Junction
From Reflux to Resection:
Mastering the GOJ Spectrum**

DR KOJI SHINDO

05TH SEPTEMBER 2026

0700 - 0750 IVY - 1

SESSION 11

**Assessment of Liver for LDLT
and Deceased Donor LT**

DR SUCHINTHA THILAKARATNE
DR PRABATH KUMARASINGHE

05TH SEPTEMBER 2026

0700 - 0750 IVY - 2

SESSION 12

**Urinary Retention; Beyond the Catheter
(A Practical Surgical Approach)**

DR RANGA E WICKRAMARACHCHI
DR MANJULA HERATH
DR KUMARADASAN UMASHANKAR
DR ARAVINTHAN THEVARAJA



MASTER CLASSES



03rd September, 2026

MASTERCLASS 1	8.00 - 9.00 Sequel Room	<i>Total Neoadjuvant Therapy in Locally Advanced Rectal Cancer</i>	Dr Rodrigo Perez
MASTERCLASS 2	11.00 - 12.00 Sequel Room	<i>How to Do a Whipple Procedure - Step by Step Teaching by an Expert</i>	Professor Rohan Jeyrajah Professor Arinda Dharmapala
MASTERCLASS 3	2.30 - 3.30 Sequel Room	<i>Future of Cleft Surgery</i>	Dr Romesh Gunasekera

04th September, 2026

MASTERCLASS 4	10.30 - 11.30 Sequel Room	<i>Renal Hyperparathyroidism: An Endocrine and Renal Perspective</i>	Dr Rajeev Parameshwaran Professor Sai Vittal Professor Ranil Fernando
MASTERCLASS 5	2.15 - 3.15 Sequel Room	<i>Surgery for Inflammatory Bowel Disease</i>	Dr Janindra Warusavitarne
MASTERCLASS 6	3.15 - 4.15 Sequel Room	<i>Pelvic Exenteration- 'Ares or Achilles' of Colorectal Surgery</i>	Professor Ian Jenkins

05th September, 2026

MASTERCLASS 7	9.15-10.15 Sequel Room	<i>Upper Urinary Tract Obstructions in Children</i>	Dr Udayangani Samarakkody
MASTERCLASS 8	11.15-12.15 Sequel Room	<i>NotebookLM as My Personal Tutor</i>	Dr Yasitha Illangasekera



FREE PAPERS



SESSION 1: THURSDAY, 3rd SEPTEMBER 2026 – 08:00 – 09:00 VENUE: IVY HALL 01

OP	Title of Abstract	Presenting Author
OP 11	Comparative Study on the Use of Technology Enhanced Medical Device in Treating Breast Cancer Related Lymphoedema.	Senavirathna SHMNJ
OP 57	Validating the Efficacy of Preoperative BI-RADS Scoring for Breast Lesions: A Retrospective Surgical Cohort Study	Wijekoon WMRS
OP 14	Axillo-Breast Versus Bilateral Axillo-Breast Endoscopic Thyroidectomy: A Randomized Quality-of-Life Study	Dr Vishnukant Pandey
OP 1	Implementation of an Electronic Orthopaedic Referral System Using a Hub-and-Spoke Model to Optimize Patient Management in Sri Lanka	Kandeeppan K
OP 2	Salvaging the 'Unsalvageable' foot: A modified External Fixation Technique for Complex Diabetic Charcot Arthropathy in a Resource-limited Setting	Siriwardana AWTR
OP 40	Carpal Tunnel Syndrome with Negative Nerve Conduction Studies-Preliminary Experience of a Case Series of Surgical Decompression	Pushpakumara KSR

SESSION 2: THURSDAY, 3rd SEPTEMBER 2026 – 08:00 – 09:00 VENUE: IVY HALL 02

OP	Title of Abstract	Presenting Author
OP 12	Improving Operative Note Documentation in General Surgery: A Completed Audit Cycle Based on Royal College of Surgeons Good Surgical Practice Guidelines	AA Salahudeen
OP 8	Knowledge, Attitudes, and Preparedness for Integrating Artificial Intelligence in a General Surgical Setting	Jayalath KKP
OP 39	Are We Using What We Open? - A Prospective Observational Study on Theatre Instrument Utilization	Silvapulle WS
OP 18	Tranexamic Acid Plus Standard Therapy Versus Standard Therapy Alone for Upper Gastrointestinal Bleeding: A Double-Blind Randomized Controlled Trial	Abhinaya P
OP 45	Long-Term Outcomes of Laparoscopic Heller's Myotomy for Achalasia Cardia: A Single GI Surgical Unit Experience	YMKA Yapa
OP 54	Epidemiological Patterns and Temporal Trends of Oesophageal Carcinoma Subtypes in a Sri Lankan Cohort	Premarathna RSP



FREE PAPERS



SESSION 3: THURSDAY, 3rd SEPTEMBER 2026 – 09:30 – 10:30 VENUE: IVY HALL -01

OP Number	Title of Abstract	Presenting Author
OP 15	Pathological Analysis of Endobronchial Metastases from Extrapulmonary Malignancies	Madanayake DC
OP 5	Surgical Management of Pulmonary Fungal Infections in Sri Lanka	Madanayake DC
OP 20	Spectrum and Outcomes of Pediatric Thoracic Surgery in National Congenital Cardiothoracic Centre in Sri Lanka	Madanayake DC
OP 51	The Significance of Preoperative Urine Cultures for Patients Undergoing Ureteroendoscopy/ PCNL in Predicting Postoperative SIRS: An Ambispective Study	ARNM Nilam
OP 31	Temporal and Circadian Patterns of Ureteric Colic Admissions in General Surgery Wards	Senananda SLDC

SESSION 4: THURSDAY, 3rd SEPTEMBER 2026 – 09:30 – 10:30 VENUE: IVY HALL - 02

OP Number	Title of Abstract	Presenting Author
OP 6	Postoperative and Oncological Outcomes of Minimally Invasive versus Open Radical Cholecystectomy: A Comparative Study	Lokesh Agarwal
OP 19	Immediate Oral Refeeding Compared to Hunger Based Refeeding and Conventional Oral Refeeding in Patients with Mild and Moderate Acute Pancreatitis - A Multi-Arm Randomized Controlled Trial	S Suresh Kumar
OP 24	Solid Pseudopapillary Neoplasms of the Pancreas: Clinical Outcomes Across a Disease Spectrum	Tharushi Anjalika



FREE PAPERS



SESSION 5: FRIDAY, 4TH SEPTEMBER 2026 – 14:15 – 15:15 VENUE: IVY HALL 01

OP Number	Title of Abstract	Presenting Author
OP 9	Role of Laparoscopy in Managing Hemoperitoneum After Angioembolization for Solid Organ Injury	Dheer Y
OP 21	Role Of Infrared Thermography in Early Detection of Perfusion Compromise in Degloving Injury	Dixit P K
OP 41	Enhanced Recovery After Surgery (ERAS) Vs Standard Care in Patients Undergoing Emergency Laparotomy Following Trauma: A Randomized Controlled Trial	S Suresh Kumar
OP 43	Long-term Outcomes of Cranioplasty in Trauma Survivors: A 10-Year Follow-Up Study	AGD Sajani Biseka
OP 17	Realigning Surgical Resources Through Nurse-Led Trauma Outpatient Clinic: A Before-After Service Evaluation of Clinical Outcomes and Workforce Impact	Thrumurthy SG

SESSION 6: SATURDAY, 5TH SEPTEMBER 2026 – 08:00 – 09:00 VENUE: IVY HALL 01

OP Number	Title of Abstract	Presenting Author
OP 44	Drivers of Financial Toxicity in Chronic Limb-Threatening Ischemia - A first Report from Sri Lanka Using the COST-FACIT Instrument	HG Hansani
OP 22	Infra-Inguinal Angiographic Patterns in Patients with Chronic Kidney Disease and Chronic Limb-Threatening Ischemia and Implications for Endovascular Outcomes: The first Sri Lankan Study	Siriwardana AWTR
OP 30	GLASS Staging, Procedural Success and Clinical Outcomes in Lower Limb Revascularization: A Retrospective Study	Dayas M
OP 37	Surgical Management and Outcomes of Inferior Vena Cava Tumours: A Single-Centre Experience from Sri Lanka	Siriwardana AWTR
OP 46	Short-Term Outcomes of Cadaveric and Living Donor Kidney Transplantation: A Single center Experience	Siriwardana AWTR
OP 58	Gender-Based Variations in the Anatomical Level of Disease and Bypass Types in Lower Limb Arterial Reconstruction	Sinesha TP



FREE PAPERS



SESSION 7: SATURDAY, 5TH SEPTEMBER 2026 – 08:00 – 09:00 VENUE: IVY HALL 02

OP Number	Title of Abstract	Presenting Author
OP 28	The Pressure Paradigm: A New Lens on Wound Failure in Emergency Surgery	Sahoo Ashok Kumar
OP 56	Early Postoperative Platelet Rebound Kinetics Following Splenectomy for Splenomegaly: A Case Series of Seven Patients	Sinesha TP
OP 29	Histomorphometric Assessment of Islet Cell Distribution and Fibrotic Remodeling in Resected Pancreatic Specimens - An Ambispective Study	Shanmugam Dasarathan
OP 34	Role of Ultrasound and Shear Wave Elastography in Extrahepatic Portal Vein Obstruction: An Observational Study	Agarwal A
OP 36	Oncological Adequacy Without Compromising Safety: R0 Resection and Early Outcomes Following Liver Resection in Sri Lanka	Y Jayanth
OP 55	Incidence, Predictive Factors and Post-Operative Outcomes of Patients Undergoing Pancreatoduodenectomy For Non-Pancreatic Periampullary Cancer with Para-Aortic Lymph Node Metastases	Raj Kumar Nagarajan

SESSION 8: SATURDAY, 5TH SEPTEMBER 2026 – 11:15 – 12:15 VENUE: IVY HALL 01

OP Number	Title of Abstract	Presenting Author
OP 48	Pre-Participation Screening of School Athletes: Detection of Occult Medical Conditions in Jaffna	Keerthika Y
OP 50	Preventable Elective Surgery Cancellations: The Impact of Theater Scheduling Errors and Opportunities for Quality Improvement	Jerome R
OP 25	Re-audit of European Society of Gastrointestinal Endoscopy (ESGE) Guideline Adherence in Bowel Preparation Practices and Their Impact on Bowel Preparation Quality and Patient Tolerability in a Surgical Unit at Colombo South Teaching Hospital	Ranaweera KRKLK
OP 3	Contemporary Management of Acute Diverticulitis in a Regional Tertiary Centre: Predictors of Operative Intervention and Surgical Outcomes	ES Croos
OP 32	Clinical Audit of Current Bowel Preparation Practices and Their Impact on Bowel Preparation Quality and Patient Tolerability in a Surgical Unit at Colombo South Teaching Hospital	Ranaweera KRKLK
OP 38	Survival Outcomes in Right-Sided Versus Left-Sided Colon Cancer in A South Asian Population	Ragavi S



FREE PAPERS



SESSION 9: SATURDAY, 5TH SEPTEMBER 2026 – 11:15 – 12:15 VENUE: IVY HALL 02

OP Number	Title of Abstract	Presenting Author
OP 35	Ultrasound Guided Aspiration Followed by Intracystic Instillation of Triamcinolone Acetonide versus 25% Dextrose in the Management of Ganglion Cysts: A Retrospective Study	Goyal A
OP 53	Nipple Preservation, Sensory Recovery and Gender-Affirmation Outcomes Following Hybrid Inferior-Flap Nipple-Preserving Chest Masculinization Surgery: A Prospective Cohort Study.	V Paramanathan
OP 47	Complications in Pediatric Surgical Patients Managed by General Surgeons- An Observational Study	Pandey A
OP 49	Surgical Outcomes of Necrotizing Pneumonia in the Paediatric Population in Sri Lanka	Madanayake DC
OP 52	Early versus Delayed Thoracoscopic Decortication for Paediatric Empyema Thoracis: Impact of Disease Chronicity on Operative Complexity and Outcomes	VHJ Samarasena

DR NOEL BARTHOLOMEUSZ BEST PAPER PRIZE SESSION: SATURDAY, 5TH SEPTEMBER 2026- 12:30-13:30 VENUE – OAK ROOM

OP Number	Title of Abstract	Presenting Author
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OP 7	Fusion-Guided Microwave Ablation of Hepatoma in Difficult locations - Prospective analysis	Sivakumaran Gobinath
OP 10	Recurrent Biliary Events During Delayed Cholecystectomy: Clinical Predictors and Critical Time Thresholds	Sivakumaran Gobinath
OP 13	Domperidone as an Adjunct to Polyethylene Glycol for Colonoscopy Bowel Preparation: Promising Preliminary Results from a Double-Blind Randomized Controlled Trial	Wickramasinghe VC
OP 27	Patient-Reported Functional, Aesthetic, and Psychosocial Outcomes Following Closed Secondary Cleft Rhinoplasty with Costal Cartilage Reinforcement	WMCS Wijesundara
OP 33	Frailty Is Modifiable: Effect of Structured Prehabilitation on Frailty Status in Elderly Patients Undergoing Major Hepatopancreatobiliary Surgery	YMKA Yapa
OP 42	Comparative Efficacy of Intravenous Versus Intraperitoneal Dexamethasone for Postoperative Analgesia in Laparoscopic Cholecystectomy: A Randomized Controlled Trial	Rout B



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PP NO	ABSTRACT TITLE	PRESENTING AUTHOR
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PP 2	The Evolving Epidemiological Profile of Pancreatic Cancer in Sri Lanka: Results from an 18-Year National Cancer Registry Analysis	Tharushi Anjalika
PP 3	Changing Trajectories of Female Breast Cancer Incidence in Sri Lanka: A 22-Year Analysis of the National Cancer Registry (2001 - 2022)	Tharushi Anjalika
PP 4	Utilization of Human Amniotic Membrane (HAM) in Myringoplasty and Tympanoplasty: A Systematic Review and Meta-analysis	Lakmal R S P
PP 5	The Evolving Epidemiology of Oesophageal Cancer in Sri Lanka: An Analysis of Cancer Registry Data from 2005-2022	Tharushi Anjalika
PP 6	Surgical Outcomes of Laparoscopic Versus Robotic-Assisted Hiatal Hernia Repair: A Systematic Review and Meta Analysis	Nizardeen F Z
PP 7	Rising Gastric Cancer Incidence in Sri Lanka: Insights from National Cancer Registry Data from 2005 - 2022	Tharushi Anjalika
PP 8	Rising Biliary Cancer Incidence in Sri Lanka: Insights from National Cancer Registry Data from 2005 - 2022	Tharushi Anjalika
PP 10	Spatial and Temporal Patterns of Colorectal Cancer in Sri Lanka (2015-2022): A District-Level Analysis of Geographic Inequalities and Hotspot Distribution	Atchuthan A
PP 12	Evaluating Insufficient Documentation in Patient Transfer Forms: A Descriptive Study in Professorial Surgical Unit, Teaching Hospital Kurunegala	Jayasooriya H K
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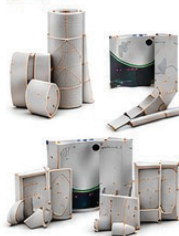
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The Colombo Wound Meeting

10th July 7:30 AM



CSSL Auditorium

Registration Fee: Doctors – Rs 4500
Nurses – Rs 3500

Coordinator: Dr Yasa Abeywickrama

Decision Making in Major Trauma

DMMT

23rd-24th & 25th July 8:00 AM



CSSL Auditorium

Registration Fee: Consultants – Rs 20000
Trainees – Rs 15000
Separate registration for 'Cadaveric dissection' module – Rs 10000

Coordinator: Dr Kamal Jayasuriya

Photography for Health Care

Professionals

31st July 9:00 AM



CSSL Auditorium

Registration Fee: Rs 5000

Coordinator: Dr Yasa Abeywickrama

Hand Surgery

6th August 8:00 AM



CSSL Auditorium

Registration: Consultants Rs 3000
Reg/SR/MO – Rs 2000
Nurses/ occupational therapist Rs 1500
Students (Nursing/ occupational therapist) – Rs 500

Coordinator: Dr Jeewan

Initial Trauma Care for Nurses (ITCN)

7th August 8:00 AM



CSSL Auditorium

Registration Fee: Rs 1500

Coordinator: Dr Kamal Jayasuriya

National Trauma Management Course (NTMC)

7th & 8th August 8:00 AM



CSSL Auditorium

Registration Fee: Consultants- Rs 25000/=
Reg/MO/Pre-interns – Rs 20000/=
Observers – Rs 10000/=
Foreign Participants – USD 200

Coordinator: Dr Kamal Jayasuriya

Paediatric Stoma Care Workshop for Nurses

17th August 8:30 AM



New Auditorium, LRH

Registration Fee: Rs 1000

Coordinators: Dr. Ravibindu

Endo Excel-Mastering Core Endoscopy Skills

20th August 8:00 AM



Endoscopy suite CSH Kalubowila

Registration Fee: Rs 1000

Coordinator: Dr Isuru Upanishad

Robotic Surgery Workshop

20th August 8:00 AM



Registration Fee: Consultants – Rs 2500
Trainees - Rs 1000

Coordinator: Dr. Bawantha Gamage

Cadaveric Vascular Exposure

24th August 8:30 AM



Department of Anatomy of Faculty of medicine Ragama

Registration Fee: Rs. 5000/=

Coordinator: Dr. Aruna Weerasinghe

Skills Training in Trauma for Nurses (STTN)

31st August 8:00 AM



NHSL, Neurotrauma Auditorium

Registration Fee: Nurses Rs: 2000/=

Coordinator: Dr Mihira Bandara

Emergency Sonography for Trauma Care (ESTC)

1st September 8:00 AM



NHSL, Accident service auditorium

Registration Fee: Rs. 5000/=

Coordinator: Dr Mihira Bandara

Optimizing Cytoreductive Surgery and HIPEC/PIPEC from Patient Selection to Perioperative Management

1st September 9:00 AM



Kothalawala Defence University

Registration Fee: Consultant Rs: 2000/=

Trainee Rs: 1000/=

Coordinator: Dr Dulantha De Silva

Elsa Live Operating Workshop

2nd September 9:30 AM



CSSL Auditorium

Registration Fee: Consultant Rs 2000
Other Participant Rs 1000

Coordinator: Dr. Chathuranga

Laser in Benign Proctology

7th September 8:30 AM



University Surgical unit Auditorium NHSL

Registration Fee: Rs 5000

Coordinator: Dr. Mihira Bandara

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Post - Congress Workshops

Integrated Breast intervention
workshop: Live interventional ra-
diology and surgery

21st September 10:00 AM



Old Auditorium National
Cancer Institute
Maharagama

Registration Fee: Consultant Rs. 3000
Trainee Rs.1500

Coordinator: Dr Minoli Joseph

Breast Imaging Workshop for
Surgeons

5th October 8:00 AM



Lecture Hall
Department of Surgery
NHSL

Registration Fee: Rs. 4000

Coordinator:

5th October 8:00 AM



CSSL Auditorium

Registration Fee: Consultant Rs 2500/=
Trainees Rs.1000/=

Coordinator: Dr Sumana Handagala

01st & 02nd
November 8:00 AM



CSSL Auditorium

Registration Fee: Doctors Rs. 1500/=
Other medical staff Rs. 1000/=

Coordinator: Dr Nirmal Marasinghe

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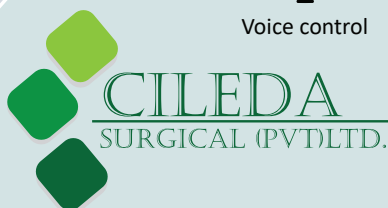
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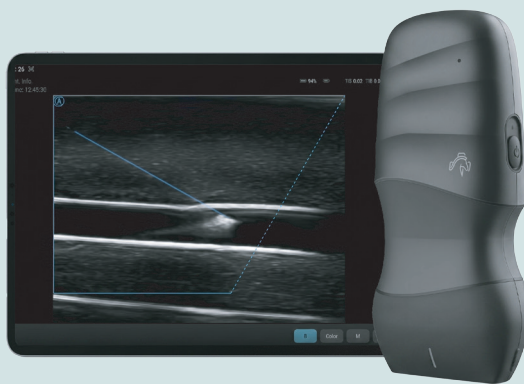
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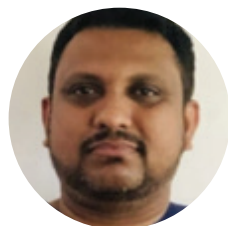
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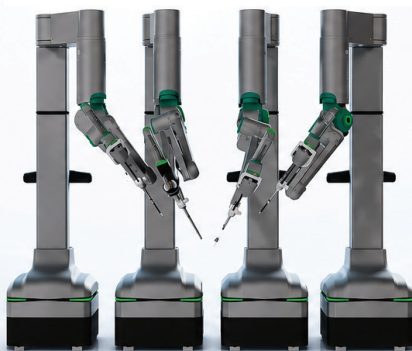


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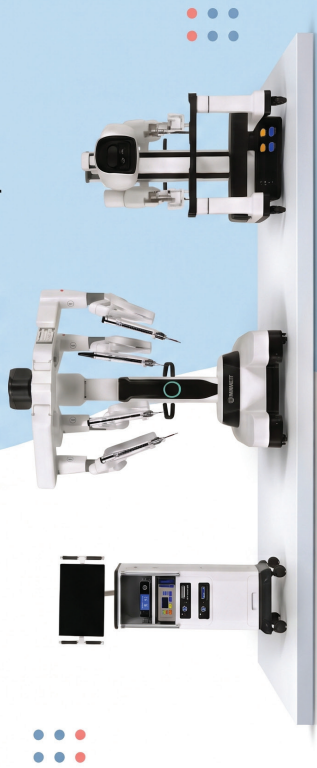
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1 Indication

- ▶ Bacteria bio film
- ▶ Burns
- ▶ Osteomyelitis
- ▶ Graft infections

2 Product

SOURCE: METAL
DISPENSER
ACTIVE Ag⁺ IONS

3 Action

Ag⁺ ION ACTION WITHIN THE WOUND

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- ELECTROSTATIC ATTRACTION & CELL WALL RUPTURE
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- STOP REPLICATION
- WOUND BED TISSUE
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WOULD LIKE TO EXTEND THEIR GRATITUDE TO
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TOWARDS THE SUCCESS OF THE
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